



Cochrane Family Farm

Upcoming Workshops/Events (lunch included)

From Seed to Success Starting seeds and growing your own Transplants Feb 10th, 10am to 3pm

Learn how to make the right growing medium, when to start seeds, how to grow, how to avoid diseases and other common problems, how to keep transplants healthy and happy, what is needed to get started and more.

Tremendous Transplants Mar 3rd 10am to 3pm

You started seeds and now they look sad? Bought transplants but they are failing before you can plant them? Your transplants die or fail to grow/produce after you plant them? Let us help you we will teach you the correct way to start, maintain, and grow your transplants successfully with better yields. This will be a very intensive, hands on workshop come prepared to have your hands in the soil.

2nd Annual Stewiacke Valley Seedy Saturday & Healthy Living Event Mar 23rd 10am to 2pm

Location: Upper Stewiacke Fire Hall 5336 Hwy 289 and Cochrane Family Farm (5324 Hwy 289) Seed Swap**Workshops ** Vendors ** Information Booths

Raised Bed Gardening Apr 28th 10am to 3pm

Building & maintaining, less work & higher yields. Learn how build, what materials to use, how to choose location, amend soil, what crops to plant and when and how to succession plant, pitfalls to avoid, tips, and much more. Never till again.

Transplant & Seed on-farm Sale Event May 4th 9:00am to 4:00pm (No Cost to attend)

Big day, lots of specials. Barefoot Gardens Open House Seeds, transplant, herb baskets, organic fertilizers, growing medium, pots, trays and more for sale. We will have free coffee, tea, snacks as well as several free demonstrations and talks on gardening topics. Many specials On selected products as well multi-tier purchase discounts. Like to garden? You don't want to miss this event.

Build your Own Greenhouses/hoophouses May 12th 10am to 3:30pm

Learn how to construct a family size greenhouse from the ground up. Material choices, site considerations, do's and don'ts, learn how to storm proof and how to overcome pests, humidity, high heat, disease and much more. Material list and plans supplied for cost effective hoophouses like we use, that are scaleable to the size you need.

Intro To Medicinal Herbs Date to be announced (Summer)

Learn how to identify, grow, wild forage, harvest, and store medicinal herbs economically. Make your own herbal teas with recipes we provide. Enjoy an informative tour of our herb gardens.

Save your own Seed Date to be announced (Late Summer—Fall)

This is an intro course for learning how to plan, dry, test and save seed successfully. We will cover roguing, population genetics, control methods, variables, traits and look at different methods for different families of seeds.

Save it! Don't Lose it Date to be announced (Fall)

How to save and use all those veggies into the winter and beyond. Look at the many different ways to successfully store produce and what veggies you can store. Dehydrating, canning, cold storage, do's & don't temperature & humidity, storage containers and more.

Eat Greens in the Winter—All about Cold Frames Sept 9th 10am to 3pm (Fall)

Learn how to build various types of coldframes cost effectively, how to select and prepare a site, build and maintain cold frames, and learn what to plant and when to plant. Enjoy a tour of our raised beds, greenhouses, and cold frames.

Build your Gardens How to prepare in the fall for a successful spring Date to be announced (Fall)

Building & protecting soil, enhancing microbiology, mulching, record keeping, prepare for the elements and for the coming spring.

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Costs: (include lunch, tea, coffee, snacks)

1 person \$50.00 + HST 1 workshop, 2 people \$85.00 + HST 1 workshop

For group rates of 6 or more people, Call.



To register call or email and payment can be made by e-transfer or credit card in advance to hold your spot.

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